



2024

TrailLink Unlimited 

Guides



**Auburndale  
TECO Trail**  
*Florida*



## Auburndale TECO Trail

Florida

*The Auburndale TECO Trail connects Lake Myrtle in Auburndale with Polk City, where it meets up with the General James A. Van*



The Auburndale TECO Trail connects Lake Myrtle in Auburndale with Polk City, where it meets up with the [General James A. Van Fleet Trail](#). The Auburndale TECO Trail is flat and invites walkers, joggers, cyclists, and inline skaters.

At the southern end of the trail there is an observation area where you can watch bald eagles, which have built a nest nearby.



# Auburndale TECO Trail

*Florida*

**States:** Florida

**Counties:** Polk

Length: 6.6miles

**Trail end points:** 318 Denton Ave (Auburndale)  
to Berkley Road & FL 33 (Polk City)

**Trail surfaces:** Asphalt, Concrete

**Trail category:** Rail-Trail

**Trail activities:** Bike, Inline  
Skating, Wheelchair Accessible, Walking

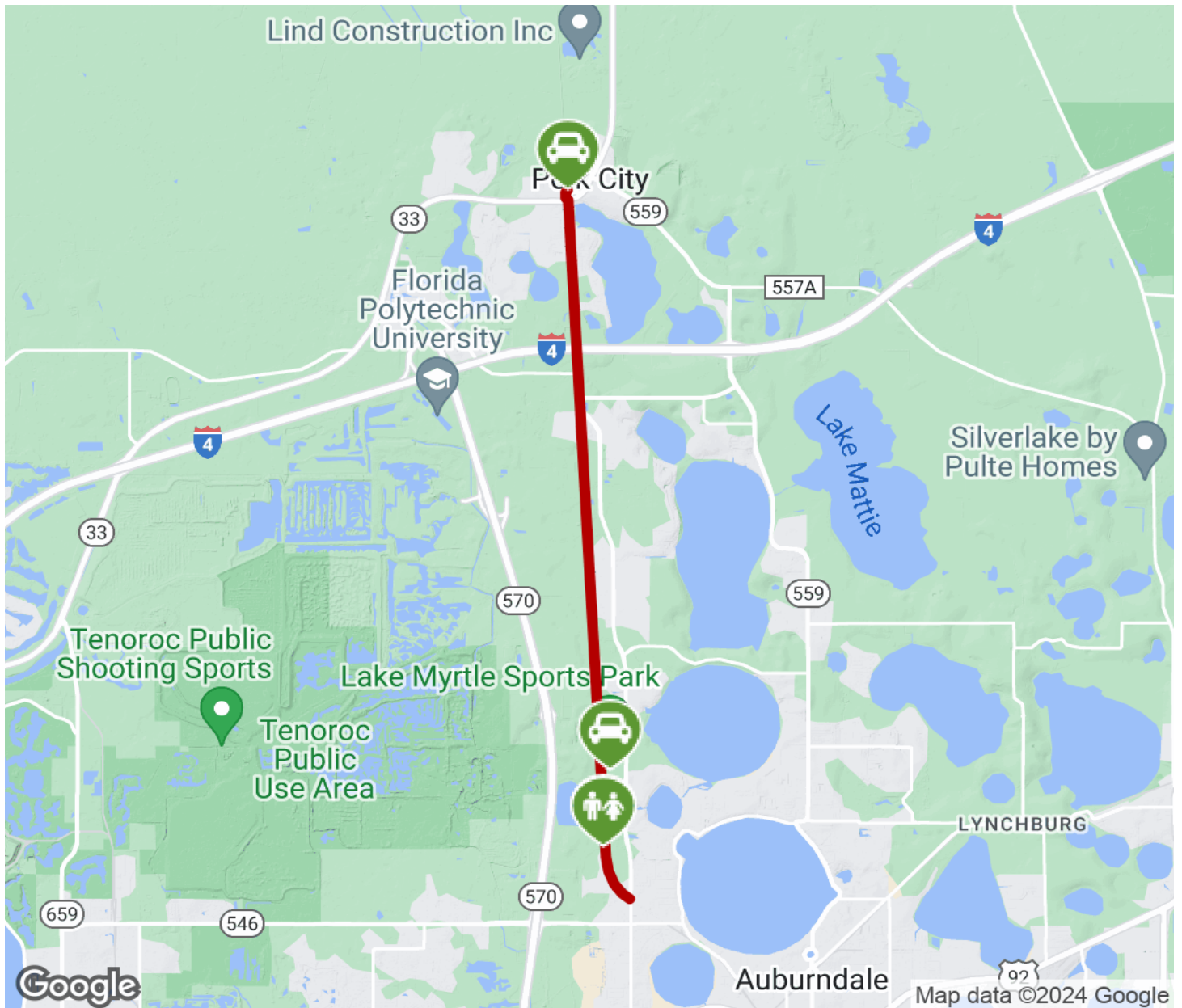
## Parking & Trail Access

At the northern end of the trail, parking is available at the Polk City Trailhead (7683 Berkley Rd, Polk City), which is shared with the Van Fleet Trail. Additional parking is located at several points along the trail. Visit the [TrailLink map](#) for all options and detailed directions.



# Auburndale TECO Trail

Florida



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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