



2024

TrailLink Unlimited



Guides



**Frisco
Highline Trail**
Missouri



Frisco Highline Trail

Missouri

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The 37.6-mile, partially paved Frisco Highline Trail connects Bolivar and Springfield with plenty to see along the way. If you travel from north to south, you'll find that the corridor rises at about a 3% grade, so you'll have a bit of a workout. If you prefer to ride downhill, take the trip in reverse by starting at the Springfield end.

Parking can be found at both ends of the trail. The northern terminus, located just past an art-covered bridge, provides access to bathroom facilities and a water fountain. Be sure to fill up with plenty of water as additional fountains are sparse until about mile 20.

From Bolivar, the first 4 miles are nicely paved and maintained. However, about 2 miles into the trip, trail users will need to take a short on-road detour around busy

MO 13, which will add a couple of miles to your adventure but make for a much safer journey to the rest of the trail. Brave locals look for a break in traffic and hurry across this road, but this is not recommended. See detour directions below.

The paved portion of the trail picks back up on the other side of MO 13 and, for the next 3 miles, you will travel through rural farmland and see cows and horses grazing and lounging in the shade on the nearby farms. The landscape is dotted with hundreds of wildflowers and inhabited by a variety of birds, chipmunks, and rabbits.

After mile 4, and for the next 22 miles to Willard, the trail is not paved and the surface is much rougher with medium-size gravel and sporadic potholes. Keep an eye out for the cattle guards that run along the path as well; they could be a hazard if you step into them or accidentally get a bike tire caught between the bars. On the bright side, this segment of the Frisco Highline Trail has very nice, shady tree cover, and is dotted with many small bridges that run over babbling creeks and larger streams. At mile 20, you will arrive at the Walnut Grove trailhead. You'll find a gravel parking lot here, and it's a good spot to take a break, have lunch, or exit the trail.

Continue through Walnut Grove towards the town of Willard. From the northwest edge of Willard, the next 8 miles to the Springfield is paved. The surrounding area is much more commercialized and dotted with trailside convenience stores, ice-cream shops, and bike depots that provide free water and air for tires. This last stretch of the trail runs through a suburban landscape, and you'll be pedaling past homes and schools. The trail ends in a paved parking lot near a hotel and commercial district in Springfield.



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States: Missouri

Counties: Greene, Polk

Length: 37.6 miles

Trail end points: W Kearney St & N Rural Ave
(Springfield) to N Claud Ave & W Fair Play St
(Bolivar)

Trail surfaces: Asphalt, Gravel

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Wheelchair Accessible, Mountain

Biking, Walking, Cross Country Skiing

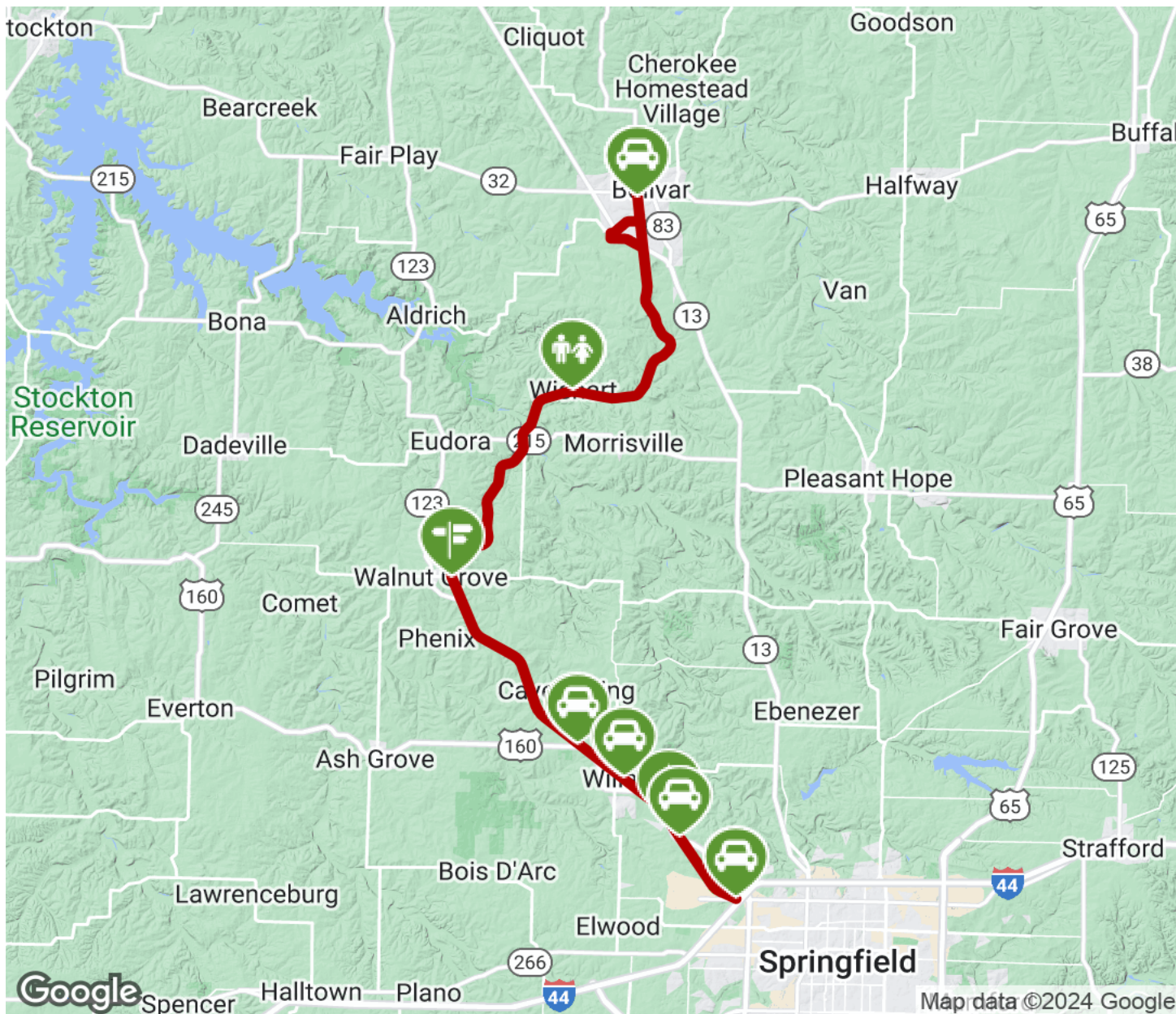
Parking & Trail Access

Parking is available near the northern end in Bolivar, at trailheads in Morrisville and Walnut Grove, and at several trailheads in Willard and Springfield. Visit the [TrailLink map](#) for all options and detailed directions.



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- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel