



2024

TrailLink Unlimited



Guides



## Junction & Breakwater Trail

*Delaware*



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The Junction & Breakwater Trail follows a section of the former Penn Central railroad, connecting the Delaware beach towns of Rehoboth Beach and Lewes. Winding through 4.1 miles of Cape Henlopen State Park, the trail acts as a nature retreat, complete with mature hardwood and conifer forests, open farmland, coastal marshes, and interpretive signs highlighting local flora and fauna. Even though its three endpoints are found in residential and commercial areas, the beautiful, pine-studded rail-trail offers a break from the nearby beaches and shopping centers.

Much of the Junction & Breakwater Trail has been paved in recent years, although the segment within Cape Henlopen State Park has a crushed-stone surface. Be sure to remember your trail etiquette, as this trail is well

traveled by locals and tourists alike. You will be sharing the mostly flat route with bicyclists, walkers, runners, wheelchair users, and families with strollers and dogs.

To begin in West Rehoboth, park at the outlet mall on Seaside Outlet Drive, and follow the bike/pedestrian path leading from the parking lot (between the buildings in the middle) to the trail. The actual southernmost endpoint—from which the trail mile markers originate—is 1.3 miles south, near Hebron Road and Coastal Highway/US 1, but parking is not available at this access point.

Leaving the outlets behind, you'll pass behind some fenced-in condo buildings, visible through the trees. Before long, you'll find yourself flanked by cornfields and forests. Hawks and both snow and Canada geese can be spotted in the air, and deer, squirrels, and other small woodland animals share the trail.

Between mile markers 1.5 and 2.0, you'll hit the Holland Glade Overlook, featuring views of wetlands from a refurbished 80-foot railroad bridge built in 1913. Before mile marker 2.5, you'll see signs for the Wolfe Neck trailhead. For a short side trip, turn left and follow the 0.2-mile spur to access this trailhead. The nearby Wolfe House—a circa 1875 farm-house—has parking, restrooms, a water fountain, and a bike repair station. Back on the trail, continue north to the Wolfe Glade Overlook at mile marker 3.0, where you can enjoy more scenic views from this forested area of oak, hemlock, and pine.

After the Wolfe Glade Overlook, the trail turns residential as it follows Golden Eagle Boulevard. At the triangular intersection, veer left to access one of the trail's endpoints, opposite Cape Henlopen High School on Kings Highway/US 9 in Lewes (note that parking is not allowed at the high school). Alternatively, turn right to reach the final endpoint in downtown Lewes. This new, northernmost endpoint is located on Gills Neck Road/Road 267 under Theo C. Freeman Memorial Highway/US 9, where the trail connects to the [Georgetown to](#)



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**States:** Delaware

**Counties:** Sussex

Length: 8.3miles

**Trail end points:** Gills Neck Rd. under  
Freeman Hwy./US 9 (Lewes) to Hebron Rd./CR  
273 (Rehoboth)

**Trail surfaces:** Asphalt, Concrete, Crushed  
Stone

**Trail category:** Rail-Trail

**Trail activities:** Bike, Inline

Skating, Wheelchair Accessible, Walking

## Parking & Trail Access

Lewes parking can be found on Monroe Ave (between Theo C. Freeman Memorial Hwy/US 9 and Railroad Ave) and by Cape Henlopen High School.

Rehoboth Beach parking is available at 35536 Wolfe Neck Road and at the Tanger Outlet Center (36470 Seaside Outlet Dr), which is an outlet mall northwest of Seaside Outlet Dr. and Coastal Hwy./US 1. A bike/pedestrian path leads from the parking lot of the shopping center (between the buildings in the middle) to the actual trail.

To reach parking at Cape Henlopen High School in Lewes, from the intersection of US 9, Business US 9, and State Route 1, travel east on SR 1 for 1.2 miles, and then take a left onto Kings Highway (County Road 268). Go approximately 1 mile. The trail is on the right, across Kings Highway from the high school.

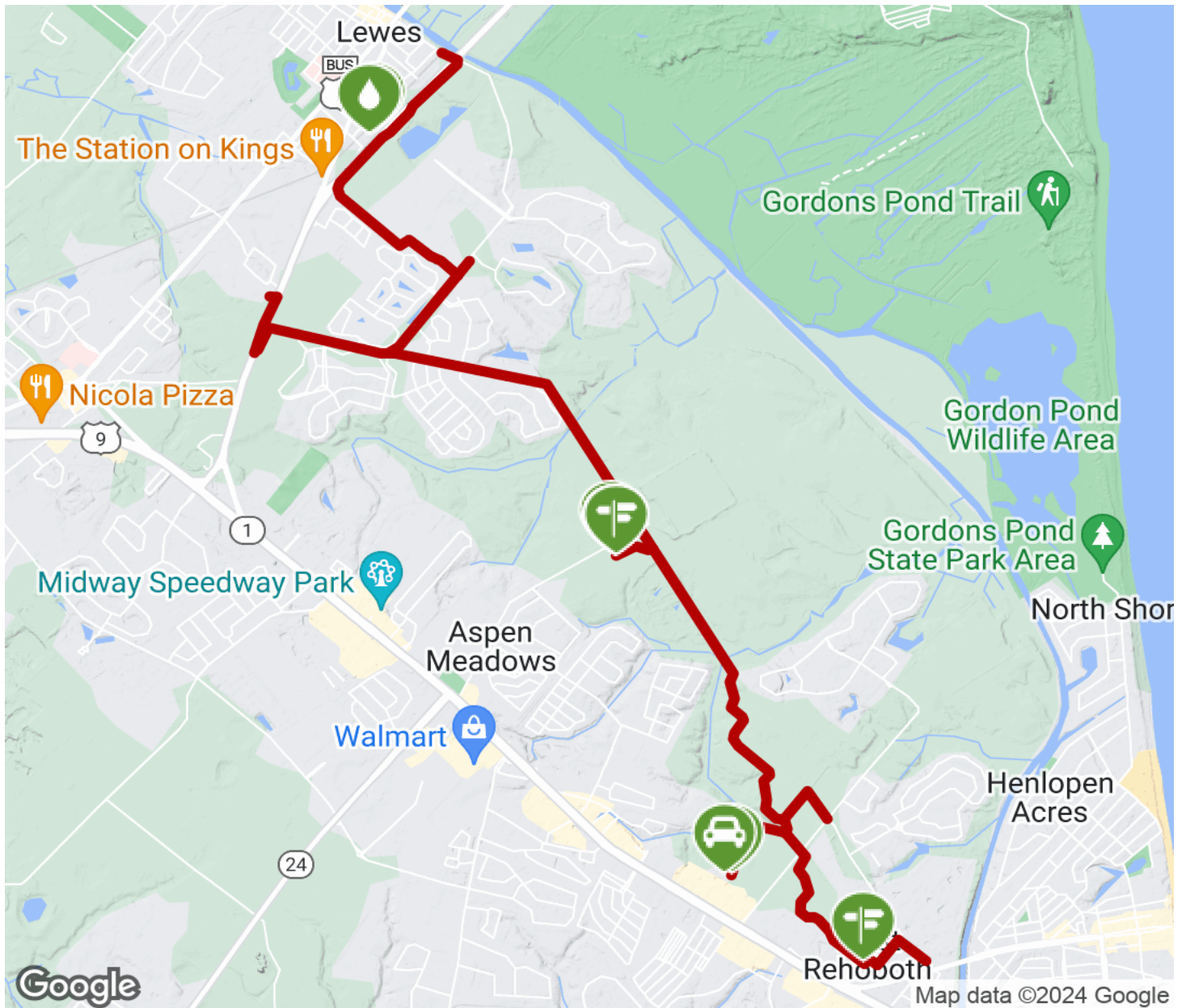
To reach Wolfe Neck and parking, from the intersection of SR 1 and SR 1A in Dewey Beach, go 3.9 miles northwest on SR 1, and turn right onto Wolfe Neck Road. Go approximately 1 mile. You will see the Wolfe House on your right, where parking, restrooms, and a water fountain can be found next to the 0.2-mile path leading to the trail. (If you are traveling east on SR 1 from the intersection of US 9, Business US 9, and SR 1, you will go 3 miles, pass this turn, and make a U-turn at the next traffic light to access Wolfe Neck Road. You can also go slightly farther south on SR 1 and turn left onto Munchy Branch Road, which you follow 0.5 mile, where it turns left and goes another 0.7 mile until it hits Wolfe Neck Road.)

To reach the trail's end from the intersection of SR 1 and SR 1A in Dewey Beach, take SR 12.6 miles toward the Tanger Outlet Center (36470 Seaside Outlet Drive, Rehoboth Beach), which will be on your right. A bike/pedestrian path leads from the parking lot of the Tanger Outlet Center (look between the buildings in the middle) to the actual trail.



# Junction & Breakwater Trail

Delaware



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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by Rails-to-Trails Conservancy

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