



2024

TrailLink Unlimited



Guides



## Assateague Island Bike Path

*Maryland*



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Maryland

*Long known for its sandy beaches and wild pony herds, beautiful and remote Assateague Island has become more bike friendly*



warmer months of the year, roughly from May to October, and caution is advised. It then parallels Bayberry Road on the east, extending south to South Ocean Beach in the National Seashore. Although this segment of the trail is separated from the road by a guardrail, users should look out for the wild ponies that Assateague is famous for. The ponies can sometimes step onto the trail or adjacent road and it is illegal to handle them, and trail users should watch for manure on the pavement.

Part of an emerging network of multi-use trails being built in eastern Worcester County, the Assateague Island Bike Path is a great way to check out one of the most beautiful locations on the Mid-Atlantic coast.

Long known for its sandy beaches and wild pony herds, beautiful and remote Assateague Island has become more bike friendly thanks to the construction of a paved, multi-use trail that allows users to stay off busy Route 611.

The trail begins on the mainland at the Assateague Island State Park Visitor Center, then crosses Sinepuxent Bay on a dedicated bridge that parallels the Verrazano Bridge immediately to the south. The section on the bridge and the adjoining causeway that connect to the island offers panoramic views of the bay and island, and Ocean City can be seen to the north on a clear day.

Once on the east shore, the trail turns south and crosses Bayberry Road near the parking lot for the Assateague Island State Park. The road can get very busy during the



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**States:** Maryland

**Counties:** Worcester

Length: 4miles

**Trail end points:** Assateague Island State Park Visitor Center, west side of Verrazano Bridge to South Ocean Beach Campground, Assateague Island National Seashore

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Inline Skating, Wheelchair Accessible, Walking

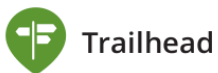
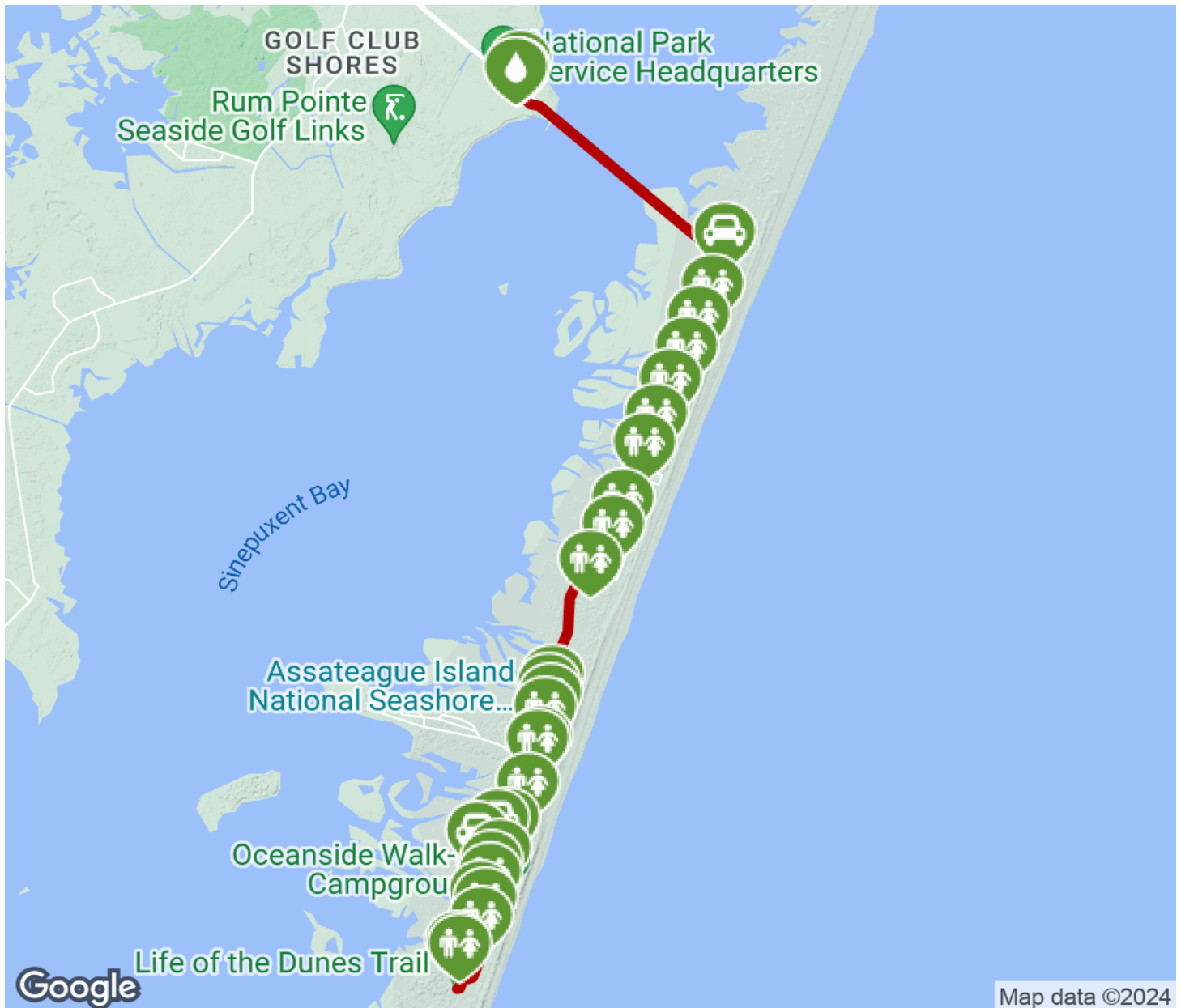
## Parking & Trail Access

Parking is available at the Assateague Island Visitor Center as well as the State Park and National Seashore, though fees are required to enter the latter two locations.



# Assateague Island Bike Path

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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